

Practicalities of Non-
medical prescribing:

The Kakoty practice

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Substance misuse clinic

Barnsley South Yorkshire England

Nurse led!

- Supported by GP with special interest in substance misuse.
- Self managed nursing team.
- Needs led.
- Accessible to patients.
- Drop in appointments

Nurse prescribed

- First practice in the UK to have a Nurse prescriber in Substance misuse.
- Changes to Misuse of Drugs act in 2005 allowed this to happen.
- Simple and effective clinical management plans.

Rapid Access

- Some patients are too chaotic to jump through all the hoops to access secondary care services.
- Urine screening and examination is the bare minimum, blood test can wait.
- How rapid is rapid?.

So what do we prescribe? And why?

- Subutex – licensed
- Methadone- licensed
- Lofexidine – licensed for opiate withdrawals
- Plus all other general medical problems

Assessment?

- Computer template devised by practice.
- Urine screening, lab and dipsticks.
- Confirm opiate use!.
- Joint consultation with Doctor
- Agree Clinical management plan

Give them what they want!

- Follow RCGP guidelines
- Methadone up to 120mg
- Subutex up to 32mg

So how effective ?

- Within the practice patients who have had more than 3 prescriptions are retained currently at 80%
- Most provide negative samples.
- Some give occasional positive
- All reduce harm!

Points to note

- Clinical supervision – who ?
- Clinical management plans – Friend or foe ?
- Entrepreneurs ?
- Still people are not being allowed to prescribe!

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